Sandestin Executive Health and Wellness Center

- What will make you different from others in the area?
Sandestin Executive Health and Wellness Center (SEHWC) is a state of the art facility offering a spa atmosphere while providing a one on one approach to medicine. Here at SEHWC, we put the patient’s needs first and provide transparency in our billing. We offer anti-aging treatments, whole body wellness, executive physicals, and performance medicine. Our professional team and affiliations, along with the variety of services in one location, is what sets us apart. Our focus is on our clients complete health needs.

Take advantage of a membership package allowing easy access to the facility and our healthcare providers. Our Rehab Department has teamed up with the Andrew’s Institute in Gulf Breeze, FL and are on the leading edge of rehab medicine. Several physicians will also be joining the team from the Andrew’s Institute to provide a variety of specialties to SEHWC.

Dr. David E. Lemay is the Medical Director of Clinical Services at SEHWC, specializing in Sports Medicine and Preventative Health and Wellness is Board certified by The American Board of Physical Medicine & Rehabilitation.

Dr. Mark A. Giovanini, M.D., Neurosurgeon, is the Medical Director of Neurosurgical services at SEHWC. Dr. Giovanini’s clinical interests include minimally invasive spine surgery, radio surgery, cervical disc arthroplasty, spine and brain tumors, as well as research specialty in spinal cord injury.

Both Dr. LeMay and Dr. Giovanini will have clinical office hours onsite one day per week at SEHWC.

At SEHWC we do same day and/or next day appointments. There is little to no office waiting time for our clients with a strong focus on preventive medicine and long-term health and wellness. SEHWC offers direct phone access to Healthcare Concierges and/or providers, specially trained staff dedicated to your care and on-site diagnostic testing services including Comprehensive laboratory testing and Radiology Services.

Not only do we deliver onsite care, but offer the ability to deliver to the patient’s home upon request.

What services will you offer?
Urgent Care - concussive therapy and testing, pre-employment physicals, school physicals, workers comp. and employee health.

Family Practice- Patient center medical model, comprehensive health care for the entire family (children, adolescents, adults and geriatrics). Healthcare screenings and counseling, disease management, immunizations, men’s health, women’s health, minor office procedures/surgeries, diabetes education, and nutritional therapy.

Preventive Health & Wellness - diabetes management, smoking cessation, hormone replacement, concussive therapy and testing, executive physicals, house calls, orthopedic specialists, and weight management.

Physical Therapy/Injury and Anti-aging Rehabilitation- Physical Therapy, Fall Prevention, Rehabilitation, workplace rehab and therapy, specialized treatments, golf and
sports performance rehab, personal training, strength and conditioning, weight loss, home visits, therapeutic massage, back programs, pre and post-op rehab.

**Common treatments** - Lumbar and cervical pain, rotator cuff tendinitis/bursitis, osteoarthritis (neck, back, knees, hips, shoulders), tennis/golfer's elbow, carpel tunnel, hip bursitis, knee and ankle sprain, post surgery rehab

**Pharmacy** – compounding pharmacy, customized medications, pharmacy delivery, hormone replacement therapy, pain management, Hospice, Pediatrics, Ophthalmology, Otis (for the ear), Neuropathy, Gastroenterology, Alternative Medication Forms, custom flavorings, capsules, oral, liquids, troches or lollipops, topical preparations, suppositories, eye and ear drops, nasal sprays.


**Radiology** - Diagnostic imaging, CT Scan and X ray, pain management injections under Fluoroscopy C-Arm, Sophisticated 16 Light Speed Slice Computed Tomography Scanner, C-Arm Minor Procedures, Computed Topography Studies with or without Contrast.

**Aesthetics** - Anti-aging, Botox, varicose vein treatments, microdermabrasion,

**Specialty Services** - orthopedic specialists, pain management, chiropractor, neuro-surgeon.

**What technology do you have there?**
SEHWC offers state of the art equipment in all specialties. We have all Apple products implementing MacPractice as electronic medical record. MacPractice allows for Patient Portals and Telemedicine.

**When will you open**
Early January 2014

**Who will you serve?**
Sandestin residents, guests and employees

**Do you have a website?**
www.SEHWC.com - coming soon

**How do people contact your facility for information?**
(850) 267-6767 or info@sehwc.com
New Sandestin Executive Health & Wellness Center Announced

Sandestin Executive Health & Wellness Center is about personalized health care service. It was developed to emphasize Quality, not quantity of health care services, with a personalized touch that you deserve! It’s time you had a relationship with your Health care team unlike any other relationship you’ve ever had. Through analyzing your medical records, learning about your family and your stressors, and learning about you as an individual person, The Sandestin Executive Health & Wellness team will know more about you than any provider has before. We think not only past what's happening with your health presently to seeing your medical needs as through comprehensive and changing factors of your life, based on your unique health. Sandestin Executive Health & Wellness Center (SEHWC) will be located at 400 Audubon Drive in Sandestin Golf and Beach Resort, where Sandestin Engineering was previously located. The center will be managed by Angel D. Barber, RN, LHRM, CMPE, Administrator and owned by Sandestin Urgent Care, LLC d/b/a Sandestin Executive Health and Wellness Center. Dr. David E. Lemay from the Andrew's Institute will be the Medical Director of Clinical Services.

Scheduled to open early January 2014, the goal of SEHWC will be to provide excellent and reliable medical care to homeowners, guests and employees of Sandestin. The medical facility will include: 1) urgent care including state of the art diagnostic services; 2) routine medical services including sports, school and employment physicals and pre-employment drug testing; 3) pharmacy services; and 4) therapeutic care including physical therapy, chiropractic, and anti-aging cosmetic aesthetic services. The Andrew's Institute in Gulf Breeze, FL has joined the team providing cutting edge rehab and specialty services. Dr. David E. Lemay is the Medical Director of Clinical Services, specializing in Sports Medicine and Preventative Health and Wellness. Dr. Mark A. Giovanini, M.D., neurosurgeon, is Medical Director of Neurosurgical services. Dr. Giovanini’s clinical interests include minimally invasive spine surgery (MIS), radiosurgery, cervical disc arthroplasty, spine and brain tumors, along with research speciality in spinal cord injury. Dr. Giovanini will be providing concussive therapy and testing as well. Both Dr. LeMay and Dr. Giovanini will have clinical office hours onsite one day per week at SEHWC.

Dr. Michael B. Morgan, Pathologist is our facilities Laboratory Director. He is boarded with the American Board of Pathology in Anatomic & Clinical Pathology and the American Board of Pathology in Dermatopathology. He is licensed in 14 states.

Dr. Jennifer L. Marzette, DNP, FNP-BC, full time nurse practitioner, has a background in family practice with clinical interest in adolescent health, GYN, diabetes, pediatrics and urology. She has recently earned her Doctorate in Nursing Practice (DNP), but brings over 13 years of nurse practitioner experience to SEHWC.

Scott Rusin MPT, CSCS is the Director of Physical Therapy, licensed Physical Therapist, Certified Strength and Conditioning Specialist and NIKE Golf NG360 Performance Specialist Powered by the Gray Institute. Scott was the director of Rehab Services for Twin Cities Hospital for the past 5 years.

Angel D. Barber, RN, LHRM, CMPE, Administrator, has over 25 years professional experience in Healthcare Administration & Legal Field. She is certified by the American College of
Practice Executives as a Certified Medical Practice Executive (CMPE) and is a Certified Legal Nurse Consultant and Paralegal. Ms. Barber is Florida licensed as Health care Risk Manager, a Registered Nurse, and holds certification as Forensic Nurse Certified Consultant (FNCC). She has over 8 years as surveyor for Accreditation Association of Ambulatory Health Care (AAAHC) with main focus in Medicare Deemed Status.

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Let one of our healthcare concierges help you out today! Call (850) 267-6767.

SEHWC will be launching a website very soon, www.SEHWC.com. Hours of operation will be Mon-Fri 9am-5pm until March 15 (Winter hours), then TBD.

Additional updates and announcements will be provided in the weeks to come including the announcement of physicians, medical staff, open house and other opening details.