

STAY INFORMED

9-1-1 is for life threatening emergencies only. If you are experiencing symptoms, please contact your primary care physician or contact Walton County Department of Health
Public Information Line
850-401-6453
<http://walton.floridahealth.gov>

**Walton County EOC
Citizen Information Center**
850-892-8392

Centers for Disease Control (CDC)
(800) 232-4363
<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

**Florida Department of Health
COVID-19 Call Center 24/7**
1 (866) 779 – 6121 or email
COVID-19@flhealth.gov
<http://www.floridahealth.gov/index.html>



Misinformation about COVID-19 can create fear and hostility, which makes it harder to keep everyone healthy.

Take advantage of the resources listed to prevent, interrupt, and respond to rumors.



COVID-19 FACTS & INFORMATION

South Walton Fire District
911 N County Highway 393
Santa Rosa Beach, FL 32459
www.swfd.org

WHAT IS COVID-19?

Coronavirus (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 was first identified during an investigation into an outbreak in Wuhan, China.

WHO IS HIGH RISK?

- ◆ Older Adults (60+)
- ◆ People who are pregnant
- ◆ People with weakened immune systems
- ◆ People with underlying health conditions like:
 - Heart Disease
 - Diabetes
 - Lung Disease

To minimize the health impacts of COVID-19, emergency strategies are being implemented. The situation is evolving quickly, visit the resource list for the most recent information.

WHAT ARE THE SYMPTOMS?

Fever



Cough



Difficulty breathing



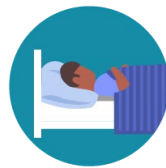
People who have been diagnosed with COVID-19 have reported symptoms that may appear in as few as two days or as long as 14 days after exposure.

SHOULD I GO TO THE DOCTOR?

If you have any of the conditions that may increase your risk for a serious viral infection (age 60 years or over, are pregnant, or have medical conditions), call your physician's office and ask if you need to be evaluated in person. They may want to monitor your health more closely or test you for influenza.

If you do not have a high-risk condition and your symptoms are mild, you do not need to be evaluated in person and do not need to be tested for COVID-19. There are currently no medications to treat COVID-19.

WHAT IF I AM SICK?



Stay home, except to get medical care.



Cover coughs and sneezes.



Separate yourself from people and animals in your home.



Clean hands and "high touch" surfaces often. Avoid touching your face.



Wear a facemask around others or before entering a health care provider's office.



Monitor your symptoms.